

NARR Recovery Housing Levels

Level 1 (P) : Peer-Run Residences

- **Structure:** Minimal structure, self-governed by residents.
- **Staffing:** No paid staff; residents hold each other accountable for house rules and recovery commitments.
- **Services:** Relies on peer support and community-based accountability for maintaining a substance-free environment.
- **Who it's for:** Individuals who are more mature, have established recovery stability, and are capable of self-regulation.
- **Example:** Oxford Houses.

Level 2 (M) : Monitored Residences

- **Structure:** Basic structure with a house manager or senior resident and house policies.
- **Staffing:** Has a paid house manager, though still with a focus on peer accountability.
- **Services:** Includes regular drug testing and peer accountability.
- **Who it's for:** Those who need more monitoring and structure than a Level 1 residence but are not yet ready for professional supervision.

Level 3 (S) : Supervised Residences

- **Structure:** More structured recovery support and life skills programs.
- **Staffing:** Employed, paid staff and professional clinicians are involved in delivering services.
- **Services:** Coordination with external treatment providers.
- **Who it's for:** Individuals who require professional guidance and more intensive recovery support.

Level 4 © : Service Provider Residences

- **Structure:** Most structured and comprehensive level, often resembling inpatient treatment.
- **Staffing:** Managed by a licensed agency or substance use disorder provider with licensed clinical staff.
- **Services:** Offers in-house therapy, medical services, and a wide range of comprehensive support services.
- **Who it's for:** Individuals who are new to recovery and need the highest degree of support and clinical care.